

# THE ULTIMATE ADULT LEADER CHECKLIST:

*\*Adapted from Kathy Hunstad, Trinity Lutheran, Moorhead, Minn.*

Use this tool as you discern what adult leaders you'll ask to join you and your young people.

## **An effective adult leader will have...**

- faith and be able to talk about their faith comfortably
- a healthy, balanced life of their own as an adult
- a relationship with youth or is open to developing one
- patience and wisdom
- an interest in youth and youth culture
- a focus on youth and their needs
- commitment and insightfulness
- the ability to see what needs to be done and then do it
- a positive, appropriate sense of humor and playfulness
- the ability to remain calm when unexpected things or emergencies occur
- the ability to share responsibilities and tasks with youth and other adult leaders
- the ability to be observant of group dynamics and other things going on around them at any given time
- good listening skills and attentiveness to youth
- the physical and emotional ability to fully participate as an adult leader in a very active program
- ability to be adaptive and supportive
- the willingness to meet youth where they are at
- the willingness and ability to have hard conversations

## **Encourage the adults that are considering attending the Gathering to ask themselves...**

- Do I love teenagers?
- Am I willing to engage young people's faith questions without judgment?
- Can I be vulnerable with young people about my own faith questions?
- Do I have the physical and emotional stamina to handle long, hot, full days?
- Am I a team player?
- Will I be able to focus on the youth and their needs?
- Do I have good listening skills?
- How do I deal with conflict?
- Am I patient?
- Do I listen first or do I jump to conclusions?
- Am I able to see what needs to be done and pitch in?
- Can I develop appropriate, healthy relationships with youth and help them relate to each other?
- Where am I in my faith life?
- Will I be able to share my faith in positive, encouraging ways?